

[Here's](#) an instructional video that goes through the process step by step.

1. Go ahead and type into Google John Hancock login or go directly to myplan.johnhancock.com and click on the top link here.
2. Once you see the login page go ahead and login. If you've never logged in on the app or the website, then you need to hit register now and that will allow you to create your username and password and get signed in for the first time.
3. If you forgot your username or password select "[Forgot Username or Password](#)"
4. Here you will see the homepage and you want to look for the "Manage" tab at the top of the website. So go ahead and click on Manage, and then click the second choice, "My Contributions".
5. Select the "Change" button on the bottom right and here's where you get to enter your updates.
6. Whenever you've entered your new rates, go ahead and hit "Next: Review and Submit" and make sure that everything is correct here.
7. Finally select "Submit" So what we're looking for here is this confirmation number. When you see the confirmation number, you can be sure that your changes have gone through and you're good to go.